

Dear _____,

Your allergy appointment is scheduled for _____

Your allergy appointment will last from 1 to 2 hours and include consultation, physical examination, skin testing (if indicated), and recommendations.

There are several things you can do before your appointment to help us evaluate your allergic problems:

- Please plan to arrive 15 minutes prior to your appointment time if you have never been seen before at the Menlo Medical Clinic so we can properly register you.
- Bring your insurance information to any appointments to ensure that we have your current insurance information for billing purposes. If you are self-pay patient, please be prepared to pay a deposit of \$100.00 at the time of your visit.
- Fill in the enclosed Allergy Questionnaire and bring to your appointment.
- Read the enclosed information about medications that interfere with skin testing. Please call us if you have questions about your medications.
- To avoid the needless duplication of laboratory procedures, please bring with you any recent result for complete blood counts, nasal smears for eosinophils, RAST's, sinus X-Rays, or chest X-Rays. Films of any X-Rays are also helpful, if available. Procedures and tests done at Menlo Medical Clinic and Stanford Hospital and Clinics will already be available to us.
- Please check our website at www.menloclinic.com for directions to the clinic. Our office is located on the 2nd floor.
- Bring all medications with you.

We hope this information is useful in preparing for your visit and encourage you to call if you have any questions at (650) 498-6720.

Sincerely,

Nancy Cummings, MD

Manjul Dixit, MD